

GEMS ATHLETIC CENTER

OCTOBER 2025 NEWSLETTER



WE LOVE OUR COACHES!!

OCTOBER 6TH, 2025 IS NATIONAL COACHES DAY!! PLEASE HELP US CELEBRATE YOUR CHILD'S COACH DURING THE WEEK OF OCT 6-11TH. LET'S GIVE OUR AMAZING COACHES A SHOUT OUT AND LET THEM KNOW HOW MUCH THEY ARE APPRECIATED. THEY CARE ABOUT THESE KIDS AND ARE INVESTED IN THEM! THANK YOU!!

PAJAMA WEEK!

October 27-November 1. Wear tight fitting pajamas to class! No nightgowns. If they have a hood, then your child may also change into something else when class begins. Show us those fun jammies!!



CALENDAR INFO

October 27-Nov 1st- Pajama Week!

October 24th- Open Gym ages 6-12. 7-830pm. \$10/kid

October 25th- Brain Based Movement and Open Gym 9-10am. Ages 4-10. FREE!

October 31st- Closed for classes AFTER 3 pm.

November 8th- Team and pre-team pictures. Times will be posted soon.

November 27-29- CLOSED Thanksgiving weekend. NO CLASSES.

December 1-6th- FOOD DRIVE! Raffle basket fundraiser.

December 6th- Pre team mock meet 130pm.



SPONSORS

We are so grateful to the businesses that have become sponsors. A HUGE THANK YOU to Rathdrum Dental, Drainz it, and Mike White Ford for their investment into our gymnasts.

We are truly thankful to these businesses and the owners for their generosity!

Make sure you support their businesses if you can!

UPCOMING TEAM FUNDRAISERS AND FOOD DRIVE!!!

WOW! Our competition season will be here soon. Please help support our team kids with a raffle basket fundraiser as well as a few other ones in the near future. Be on the lookout for our annual food drive at the beginning of December as well! Thank you to all the families for their support of our team girls and our gym.

REMINDER

School has started and with that comes germs! If your child has a fever or severe flu like symptoms, please keep them home from class. Please text the gym phone or use the I-class pro system to let us know if your child will be absent.



BRAIN BASED MOVEMENT CLASS & OPEN GYM

Come join us for our Brain Based Movement class and open gym on October 25th from 9-10am. This is in collaboration with the Brain Blossom program at Spoelstra Family Chiropractic! FREE! Ages 4-10. Sign up through the online portal.

Brain Blossom
PROGRAM™

Meet the Owners of GEMS!



Ashley, along with her husband, Luke Ferguson, are parents of 4 beautiful girls ranging from ages 8-16. Ashley grew up in this area and currently resides in Rathdrum with her wonderful family. She cheered at Timberlake High School and was on the original All Star Cheer Team in CD'A, Idaho, which is where her love of gymnastics began. Her senior year in high school she qualified for the UCA cheer team! Currently, her and her husband own 3 local businesses. Ashley is loving this opportunity to follow a dream she's had of owning a gym that will support kids through this sport.

Meloney and her husband Jeff Butcher (a fire fighter at Cd'a Fire), have two kids ages 10 and 13. Meloney has been coaching gymnastics for 25 years. She started gymnastics at the age of 6 and competed through level 10 in this area and then earned a full ride Division 1 gymnastics scholarship to compete for Sacramento State. After competing for Sac State and winning three conference championships, she was chosen to be in the gymnastics movie 'Stick It'. She has coached at numerous gyms clubs in many different states and has had the pleasure of learning from many top national level coaches from all over the country. She has been coaching since she was 16 years old and is looking forward to this new adventure of owning a gymnastics club! Meloney is also a certified FOCUS coach who works with children with neurdeflective disorders in Cda.